

## USING MONOCLONAL ANTIBODIES TO TREAT CANCER

*Therapies Designed to Target Cancer While Sparing Healthy Tissue Show Benefit, but Have Not Yet Reached Full Potential*

PAGE 6

The monoclonal antibody *lintuzumab* targets the protein *CD33*, which is found on the surface of leukemia cells.

**PLUS** CANCER CONSORTIUM PROMOTES COLLABORATIONS **2** MSKCC INVESTIGATORS DISCOVER TECHNIQUE TO RESTORE INTESTINAL IMMUNE DEFENSE **3** INTERVIEW WITH GYNECOLOGIC ONCOLOGIST CAROL BROWN **4** NEW OUTPATIENT TRANSPLANT CLINIC OPENS **10** HAROLD VARMUS AWARDED FRIESEN INTERNATIONAL PRIZE **20**



2



3



4



10



20



Memorial Sloan-Kettering  
Cancer Center

# Monoclonal Antibody Drugs for Cancer Treatment

*Therapies Designed to Target Cancer While Sparing Healthy Tissue Show Benefit, but Have Not Yet Reached Full Potential*

**T**he strategy of using monoclonal antibodies for cancer treatment was first described in the late 1970s with the promise that they could be developed into therapies that were highly specific to cancer cells, killing them with few or no side effects. For several types of cancer, monoclonal antibodies have already offered this advantage to patients. For other cancer types, they have provided an additional therapeutic weapon, but with smaller benefits and sometimes new side effects. [This is the second in a series of articles about harnessing the immune system to fight cancer.]

“The first efforts for monoclonal antibody cancer therapy were to find antibodies that would home in on tumors and bind to proteins on the surface of cancer cells,” explained physician-scientist David A. Scheinberg. “We looked for unique proteins that were specific only to cancer cells. The idea was that the antibody would be used to stimulate an immune response in the body, which would kill the cancer cell.” Dr. Scheinberg, who is Chair of MSKCC’s Experimental Therapeutics Center and the Molecular Pharmacology and Chemistry Program within the Sloan-Kettering Institute, developed an antibody called M195, which targets a protein on leukemia cells, when working as a research fellow in collaboration with MSKCC immunologist Lloyd Old in the 1980s.

This approach further evolved when researchers realized they could use the antibody as a carrier to deliver a radioactive isotope or a toxic drug directly to the cancer cell, where it would kill the cell while sparing nearby healthy tissue.

Antibodies are proteins that help the immune system to identify foreign substances by binding to them and marking them as foreign. Monoclonal antibodies are manufactured using a type of cell called a hybridoma. The hybridoma — which is engineered in the laboratory by fusing an antibody-producing immune cell called a B cell to a tumor cell — multiplies to produce a continuous supply of a specific antibody. Early monoclonal antibodies were made exclusively from mouse cells, but because the immune system can recognize these antibodies



*(From left) David Scheinberg, Andrew Zelenetz, and Joseph Jurcic are using monoclonal antibodies to improve the treatment of patients with leukemia and lymphoma.*

as foreign, leading to unwanted reactions, most monoclonal antibodies used today are either chimeric, consisting of both mouse and human parts, or fully human.

## Improving Survival for Lymphoma

The first monoclonal antibody approved for cancer was rituximab (Rituxan®) in 1997. It was initially developed by Ronald Levy at the Stanford School of Medicine to treat follicular lymphoma, the most common type of indolent (slow-growing) non-Hodgkin’s lymphoma. “When rituximab was developed, everyone

working in the field thought it was going to be a marginal drug that would benefit a small number of patients with relapsed and refractory disease,” remembered Andrew D. Zelenetz, Chief of MSKCC’s Lymphoma Service. “But it turned out we were all wrong. For patients with follicular lymphoma, a combination of rituximab with chemotherapy has resulted in improved disease control and prolonged survival. In patients with diffuse large B cell lymphoma, the most common lymphoma subtype worldwide, the addition of rituximab to the standard chemotherapy protocol known as CHOP in-

creased the cure rate by about 15 percent.”

Rituximab, which binds to the protein CD20 on the surface of B cells, has three different mechanisms of action. Its primary way of killing cancer cells is by eliciting an immune response, drawing what are known as effector cells (various types of killer white blood cells) to the tumor and activating them. This process is called antibody-dependent cell-mediated cytotoxicity (ADCC). Another mechanism is directly causing the cells to undergo apoptosis (programmed cell death). The third mechanism is by activation of what are called complement proteins. These proteins form a membrane-attack complex and poke holes in the membranes of cells, killing them.

Because CD20 is present on the surface of normal B cells as well as leukemia cells, normal B cells are killed as well. “We make 10 million B cells a day, and most of them die anyway,” Dr. Zelenetz said. “So when we target B cells and knock them out, they are easily replaced. It’s possible that long-term use of rituximab could lead to an increased risk of some types of infections, but it’s something we really haven’t seen as a frequent problem.”

Two other drugs for lymphoma make use of antibodies as carriers for radioactive isotopes. Ibritumomab tiuxetan (Zevalin®), developed by a small pharmaceutical company, contains an antibody similar to rituximab linked to yttrium-90, a radioisotope that emits a cell-blasting beta particle. Tositumomab (Bexxar®), developed by Mark Kaminski and Richard Wahl, then at the University of Michigan, is an antibody that carries the beta-emitting isotope iodine-131. Both antibodies also target CD20.

### Less Toxic Treatments for Leukemia

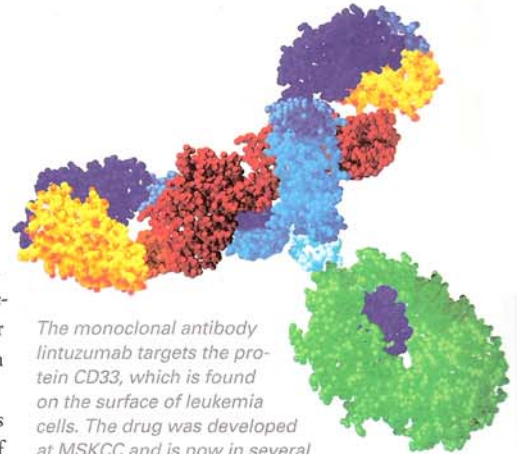
Another tactic for using antibodies as delivery devices is attaching them to a cytotoxic agent, such as a chemotherapy drug. Gemtuzumab (Mylotarg®), a drug that is used to treat acute myelogenous leukemia (AML), consists of an

antibody connected to calicheamicin, a highly toxic antibiotic. Gemtuzumab, developed at the Fred Hutchinson Cancer Research Center, targets CD33, a protein found on the surface of leukemia cells.

“The average age for AML patients is 68,” said Joseph G. Jurcic, Acting Chief of MSKCC’s Leukemia Service. “Most of these patients cannot tolerate intensive treatments such as bone marrow transplantation, and their prognosis is usually poor. For them, a drug like gemtuzumab allows them to avoid the side effects of standard chemotherapy given systemically throughout the entire body.” Gemtuzumab allows about 15 percent of patients to achieve a complete remission when it is given to patients who have had only one relapse.

Lintuzumab is another monoclonal antibody that targets CD33. It is the humanized version of M195, the antibody initially developed by Dr. Scheinberg. It is currently being evaluated in a number of late-stage clinical trials for AML as well as for myelodysplastic syndromes, a group of diseases that frequently lead to AML and other types of leukemia.

Drs. Scheinberg and Jurcic are also taking their research with lintuzumab to the next level, using it to deliver a next-generation cancer treatment, dubbed a nanogenerator, to cancer cells. The nanogenerator consists of a single radioactive atom contained inside a molecular cage. The atom, actinium-225, decays by giving off high-energy alpha particles, which kill cancer cells. When actinium decays, it produces a series of daughter atoms, each of which gives off its own alpha particle, increasing the chances that the cancer cell will be destroyed. The technology was first demonstrated by Dr. Scheinberg in mice in 2001, and Dr. Jurcic is currently testing the drug in leukemia patients. Further studies starting early next year at several centers nationwide, including MSKCC, will combine the drug



*The monoclonal antibody lintuzumab targets the protein CD33, which is found on the surface of leukemia cells. The drug was developed at MSKCC and is now in several late-stage clinical trials.*

with standard chemotherapy.

Alemtuzumab (Campath®) is an antibody drug approved for another type of leukemia, called B cell chronic lymphocytic leukemia (CLL). Alemtuzumab, based on an antibody developed by British immunologist Herman Waldmann, targets the CD52 protein, which is found on the surface of these tumor cells as well as T cells. Because it destroys both B and T cells, alemtuzumab has activity in a variety of lymphoid malignancies, although it is specifically approved for treatment of CLL.

### Experimental Treatments for Neuroblastoma

Another monoclonal antibody developed at Memorial Sloan-Kettering is called 3F8. 3F8 is used to treat neuroblastoma, a rare pediatric cancer of the nervous system that affects about 750 children in the United States every year. It has been used at the Center for 20 years to treat metastatic neuroblastoma. “Two decades ago the advanced form of the disease had almost no long-term survivors,” according to Nai-Kong V. Cheung, an MSKCC pediatric oncologist who developed the antibody. “But since the antibody treatment has become part of the standard of care at Memorial Hospital, long-term survival is about 60 percent.”

The antibody is given after induction chemotherapy (initial chemotherapy given to induce a remission), in combination with a drug called GM-CSF (granulocyte/macrophage colony-stimulating factor), which boosts the production of white blood cells. Most neu-

# Monoclonal Antibody Drugs for Cancer Treatment

*Continued*



*Nai-Kong Cheung has developed monoclonal antibody treatments for neuroblastoma, a rare pediatric cancer.*

roblastoma patients also undergo surgery to remove their primary tumor and radiation therapy. The main side effect of 3F8 is intense pain at the time the antibody is given, but the pain is short-lived and does not have long-term effects. Currently 3F8 is available only to patients at Memorial Sloan-Kettering, but it has recently been licensed to a company that will begin evaluating it in randomized studies at other centers around the country.

3F8 targets a sugar lipid called GD2, which is abundant on the surface of neuroblastoma cells. It kills neuroblastoma cells using the same three mechanisms that rituximab uses to kill B cells: by inducing cell death directly, by activating complement proteins, and through ADCC. “With ADCC, the antibody is like a middleman,” Dr. Cheung explained. “It brings the tumor cells and the white blood cells together. The white blood cells act as professional killers, destroying the tumor.”

MSKCC investigators are looking at new approaches to make 3F8 more effective for the 40 percent of patients who don’t respond. “We believe patients who don’t respond have a different genetic makeup from those who do,” Dr. Cheung said. One current line of research is giving patients donor white blood cells (a type called natural killer cells) in combination with 3F8, “to try to bypass that genetic disadvantage in certain patients,” he explained.

For patients whose neuroblastoma spreads to the brain, one of the sites of metastasis when the disease relapses, 3F8 and another antibody called 8F9 can also be armed with radioactive iodine. Because antibodies are large molecules that are unable to cross the blood-brain barrier, the treatment is injected directly into the cerebrospinal fluid. This experimental treatment has been given to only a handful

of pediatric patients so far — some with brain metastases and some with primary brain tumors — but preliminary results look very promising, and about three-quarters of neuroblastoma patients who received the treatment are doing well up to five years later.

“Brain metastases are not a trivial issue in cancer,” Dr. Cheung said. “More than 20 percent of metastatic cancers, including adult cancers such as breast cancer, have the tendency to spread to the brain. We think this form of ‘liquid radiation,’ which delivers radioisotopes directly to the tumor, can minimize side effects seen with external-beam radiation and can eventually be developed for treating a range of pediatric and adult cancers that attack the brain.”